



Network Pharmacology-Based Validation of Traditional Therapeutic Claim of Momordica Charantia in Alleviating Diabetic Nephropathy

Gaurav Gautam

Senior Researcher, Department of Pharmacognosy and Phytochemistry, School of Pharmaceutical Education and Research, JamiaHamdard, New Delhi, India.

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***Corresponding Author:** Gaurav Gautam, Senior Researcher, Department of Pharmacognosy and Phytochemistry, School of Pharmaceutical Education and Research, JamiaHamdard, New Delhi, India. E-mail: gautamgaurav878@gmail.com

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Abstract

For centuries, medicinal plants have been playing an important role in the alleviation of various diseases, traditionally. Momordica charantia L. (*M. charantia*) is a folk medicinal herb belong to the Cucurbitaceae family, used as the folk medicinal regime for the treatment of diabetes or diabetic nephropathy (DN), traditionally. Due to the lack of scientific evidence based on its molecular mechanism for treating DN, the study is aimed to investigate the molecular mechanism of *M. charantia* metabolites using a network pharmacology approach. Furthermore, ADME analysis was performed to determine the lipophilicity and the drug-likeness response of the metabolites. The network pharmacology results showed a multi-mechanistic and therapeutic role of the metabolites present *M. charantia* by regulating several genomes involved in the pathophysiology of DN. Mean while, *M. charantia* ameliorates endothelial dysfunction, fatty liver disease, diabetes mellitus, acute kidney injury, fibrosis, hypertensive disease, obesity, etc. furthermore, it was also found that the targets potentially play an essential role in the regulation of oxidative stress, inflammation, and oxidative stress-induced inflammation. In ADME analysis, each selected molecule of *M. charantia* exhibited good gastrointestinal (GI) absorption, lipophilicity and bioavailability response. Hence, it can be demonstrated that *M. charantia* possesses several metabolites including polyphenols which exhibit an important role in the treatment of DN via regulation of several genomes such as AKTs, CASPs, MAPKs, ILs, NOs, etc, responsible for its pathophysiology. Furthermore, the generated evidence validates the traditional claim of *M. charantia* for alleviating DN.

Keywords: Momordica charantia L., Polyphenols, Network pharmacology, ADME analysis

Introduction

For centuries, medicinal plants have been playing an important role in the alleviation of various diseases, traditionally, because of their complexity in phytochemicals and multi-mechanistic and therapeutic effects. However, from the last decades, exponential growth has been seen in the utilization of medicinal plants and their derived products due to their least side effects, easy availability, and economic thus maintaining sustainable development in the healthcare system and the economy of the country [1,2]. Furthermore, medicinal plants are acknowledged as the main source for new drug discovery and development as more than 50 percent of the existing drugs

are derived from natural resources. Taking a look into their uncountable use in the healthcare system, quality, safety, efficacy-based assessment, and generating scientific evidence includes a big contribution for their regulatory aspects [3,4]. Based on the pharmacological perspective, it is not easy to determine the exact principle of phytochemicals that are being exhibited in the therapeutic response for the treatment of targeted or un-targeted body ailments. Bioassay-guided fractions or pharmacological assessment on individual phytochemicals from the targeted plant matrix provide us the factual information about the therapeutic response exhibited by the specific phytochemicals in the plant matrix [5–7].

In-silico computational techniques are playing an essential role in drug design and development via evaluating interaction affinity of a newly developed molecule or isolated from natural resources, with the targeted proteins or genomes involved in the diseases [8,9]. Out of several computational techniques used to determine the biological effect of the compounds, network pharmacology in one of the advanced and newly admirable techniques is being used exponentially to evaluate pharmacological aspects of the drug-based interaction with a diversity of targeted or untargeted genomes. It is the most used technique to screen the pharmacologically active phytochemicals from a big data of plant matrix such as metabolomic and generating the molecular-based pharmacological evidence for their further applicability [10,11].

Momordica charantia L. (*M. charantia*) is a folk medicinal herb belonging to the Cucurbitaceae family. It is widely distributed throughout the world in tropical and subtropical regions. Traditionally, it is used as the folk medicinal regime for the treatment of diabetes mellitus, and its fruit has been used as a vegetable. *M. charantia* has a wide diversity of phytochemicals belonging to the class of steroids, triterpenes, polyphenols, polysaccharides, protein, etc. Furthermore, based on the current evidence various biological activities of *M. charantia* have been reported, such as antiviral, antitumor, antihyperglycemic, antibacterial, antimutagenic, antiulcer, antioxidant, antidiabetic, antifertility, anthelmintic, antipolytic, anticancer, anti-inflammatory immunomodulation and hepatoprotective activities [12,13].

Based on the above facts and their applicability to the molecular-based pharmacological assessment of phytochemicals, the present study is associated to explore the molecular mechanistic role of *M. charantia* phytochemicals in the treatment of diabetes and diabetic

nephropathy (DN) and generating scientific evidence for *M. charantia*, which would laid a stable foundation for further research on exploring its pharmacological mechanisms in treating DN.

1. Material and methods

1.1. Selection of compounds

Some reported chemical constituents *M. charantia* were selected from different databases. The screened compounds were linalool, quercetin, gallic acid, apiole, ferulic acid, caffeic acid, limonene and catechin [14,15].

1.2. Selection of Potential DN Targets

Several gene targets were selected from the gene card platform. The keywords like diabetic nephropathy or diabetes were inputted in the GeneCards (<https://www.genecards.org/>), a human gene compendium with information about genomics, proteomics, and transcriptomics, and UniPort gene database (<https://www.uniprot.org/>), a comprehensive platform including one of the largest publicly accessible collections of genes, to search for DN-associated targets [16,17].

1.3. Screening Compound-Disease potential interacted Targets and active components network construction analysis

Potential interacted target genes were screened through the integration analysis of the compound-gene network. The screened compound targets were imported into the STRING platform (<https://string-db.org/>), a software used mainly for functional enrichment and interaction network analysis of genes. Further, the integration analysis was performed using Cytoscape version 3.8.2. Protein-protein interactions (PPI) network and compound-proteins interactions were constructed and interaction information based on the number of nodes, the number of edges, average node degree, average local clustering coefficient were determined for constructed PPI. The analysis covered all the nearly functional interactions among the expressed proteins-proteins and compound-proteins network [10,18].

1.4. Gene Ontology (GO) analysis

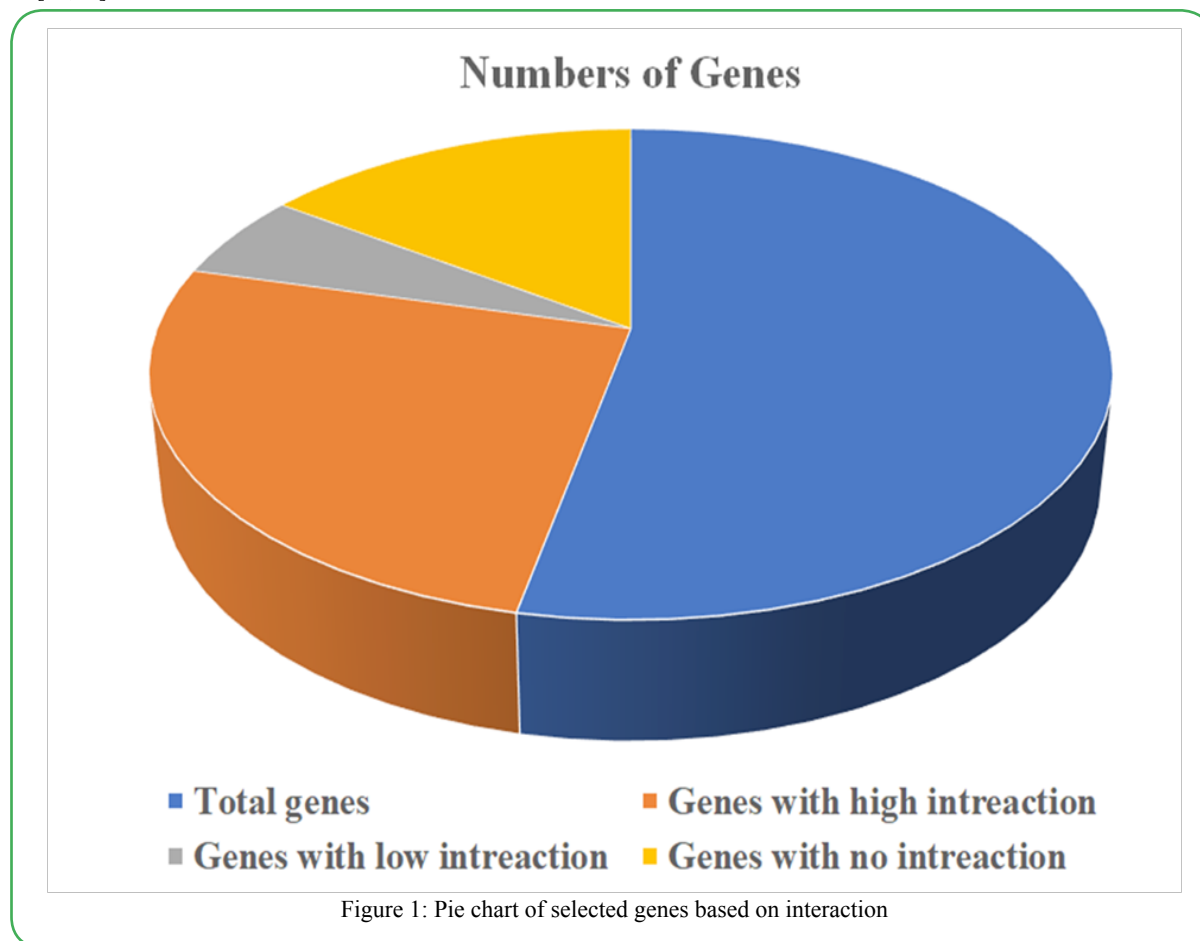
Gene Ontology (GO) analysis was performed to evaluate multiple pathophysiological of genes in DN. Metascape (metascape.org) AND network analyst (<https://www.networkanalyst.ca/>) tool were used to perform the analysis. The analysis involved the genes which were found to interact with the active metabolites. The common abbreviation of each gene was inputted in the search toolbar at the platform of metascape and network analysis. In this analysis, top enrichment outcomes were added as the outcome of the study [19–21].

1.5. ADME analysis

ADME (absorption, distribution, metabolism, and excretion) and toxicological analysis will be performed for selected metabolites through “SwissADME (<http://www.swissadme.ch/index.php>)” and ProTox-II-Prediction tool of toxicity of chemicals (https://tox-new.charite.de/protox_II/index.php?site=home). TPSA (Topological Polar Surface Area) for drug integrity, Consensus Log Po/w for drug lipophilicity, Log Kp (skin permeation) and drug-likeness were predicted as the standard parameters for selected the ADME response of [22].

2. Results

Eight active major metabolites were selected for the network pharmacology analysis based on their interaction and ligation efficacy with the screened genes. In the pre-screening analysis of potential targeted genes, 41 genes were selected which were even partially interconnected with the active metabolite and other genes. The analysis was performed based on the interaction efficacy of each target. The analysis showed that out of 84 genes, 41 genes were found to highly interact with the active metabolites and each target while 9 and 24 genes were found with the least even no interaction between the active metabolites and targeted genes. The genes summary has been summarized in Figure 1.

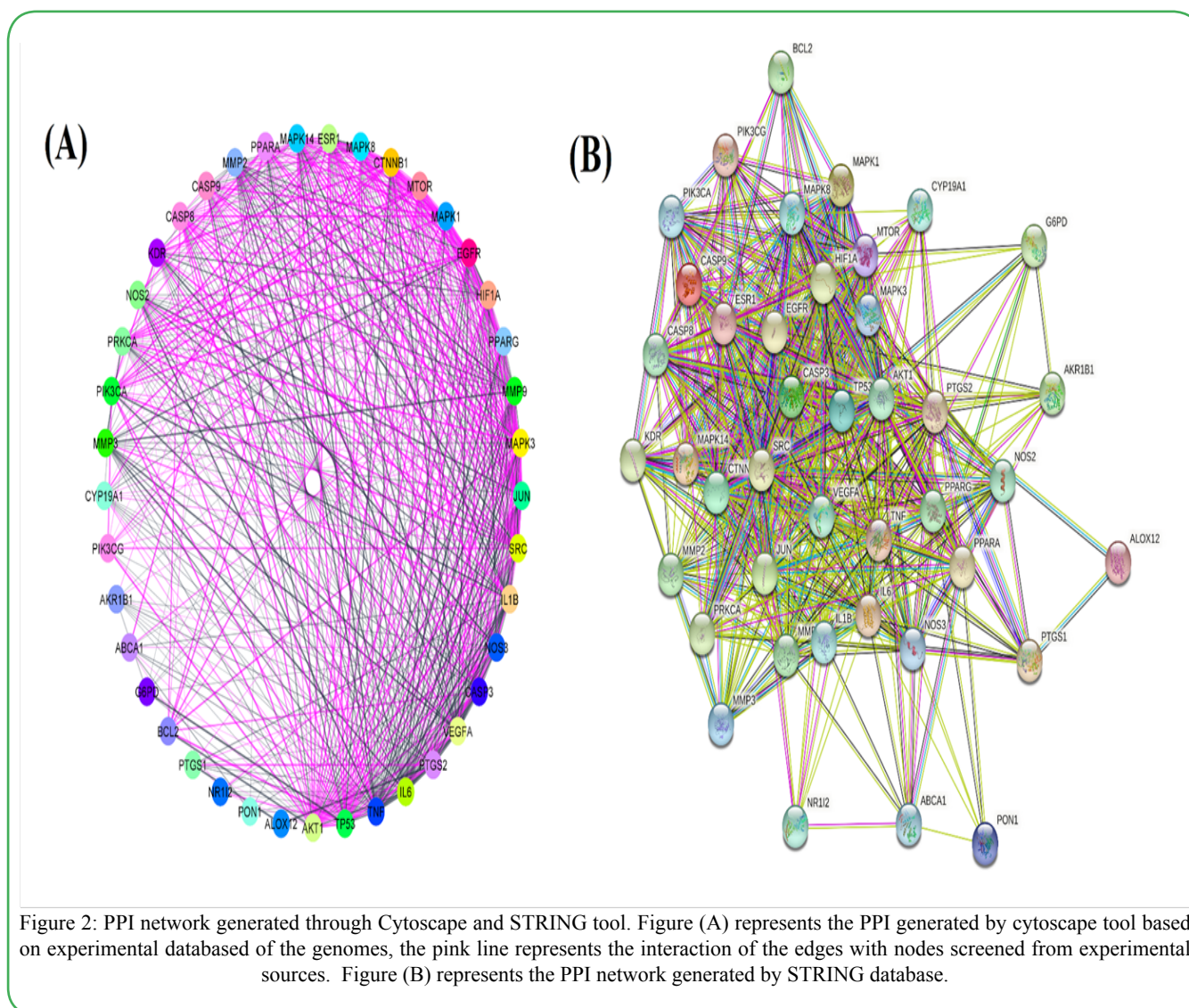


2.1. Screening Compound-Disease potential interacted Targets and active components network construction analysis

2.1.1. Common target network (protein-protein and protein-disease interaction)

Forty-one putative target genes interconnected in pathophysiology in DN were further analyzed for protein-protein interactions and protein-disease interaction. The analysis was conducted through the STRING database and Network analyst (<https://www.networkanalyst.ca/>). In PPI analysis, the gene-gene interaction network was established with a medium confidence score of 0.400. The established network

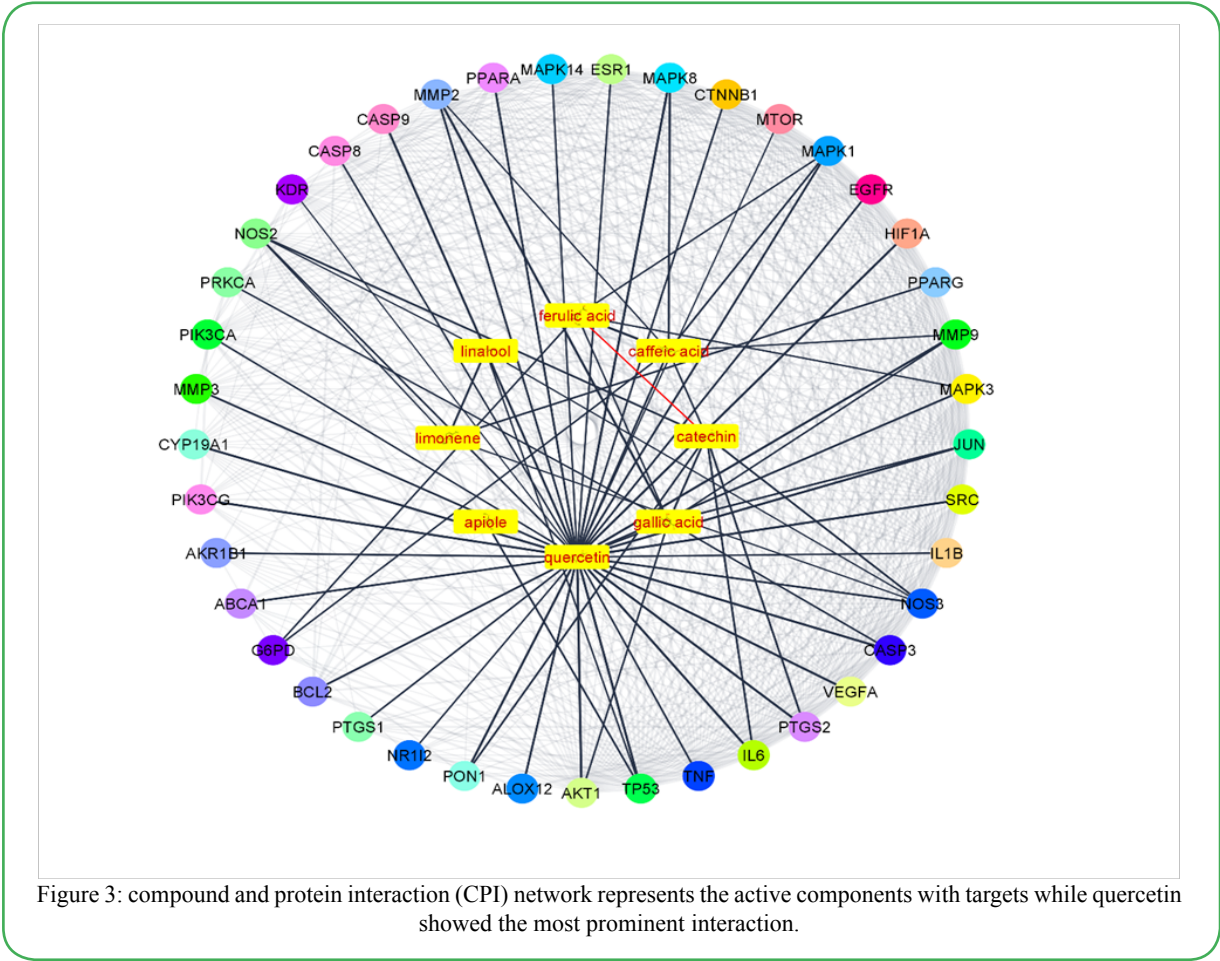
embodied number of nodes:41, number of edges: 508, average node degree: 24.8, average local clustering coefficient: 0.844, expected number of edges: 182 and PPI enrichment p-value: $< 1.0e-16$. In addition, the established PPI was found significantly with more interactions than expected. The significant interaction of genes was based on proteins of similar size selected from the genome database and characterized as at least partially biologically connected during DN. In the figure, the edges characterize the interaction between sets of potential targets, while the nodes characterize the targeted genes. The PPI network has been summarized in Figure 2.



2.1.2. Active metabolites target genes network

Active metabolites and target gene associated network was constructed and the outcome of the study revealed that each selected metabolite of *M. charantia* was found to potentially interact with each gene. In this analysis, edges that directly connected with the active metabolites were remained to appear, whereas the edges which were disappeared interconnected with each target (Figure 3). Quercetin was found to have strong interaction with targets such as NOS, ILs, CASPs, MAPKs, etc which were found to play an essential role in oxidative stress, inflammation, or oxidative stress-

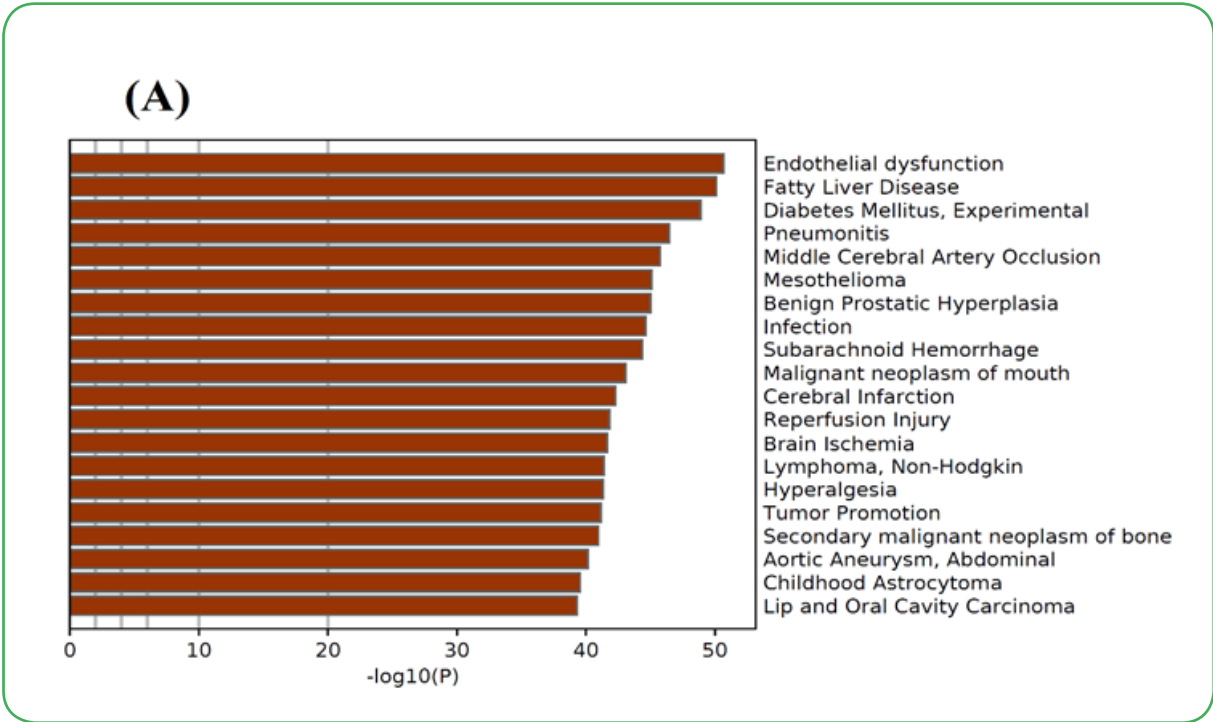
induced inflammation. Ferulic acid was found to have interaction with G6PD, MAPK1, MAPK3, etc. Caffeic acid was found to have interaction with MAPKs, MMPs, and G6PD. Catechin was found to have interaction with NOS, PTGS2, PON1, ILs, etc. Gallic acid was found to have interaction with CASPs, AKT1, JUN, MMPs, etc. Apiole was found to have interaction with TP53 while limonene and linalool were found to have interaction with NOS, PPARG, TP53, etc. The constructed network of active metabolites and targets has been represented in Figure 3.



2.1.3. Gene Ontology (GO) analysis

GO analysis was performed to evaluate the multiple physiological roles of each gene for the regulation of DN. The observation of enriched terms across input genes and enrichment gene-disease network analysis suggests their physiological role in the management of DN. The results showed multiple physiological roles of each target in the regulation of DN via ameliorating endothelial dysfunction,

fatty liver disease, diabetes mellitus, acute kidney injury, fibrosis, hypertensive disease, obesity, etc. furthermore, it was also found that the targets potentially play an essential role in the regulation of oxidative stress, inflammation, and oxidative stress-induced inflammation. The outcomes of the analysis have been summarized in Figure 4.



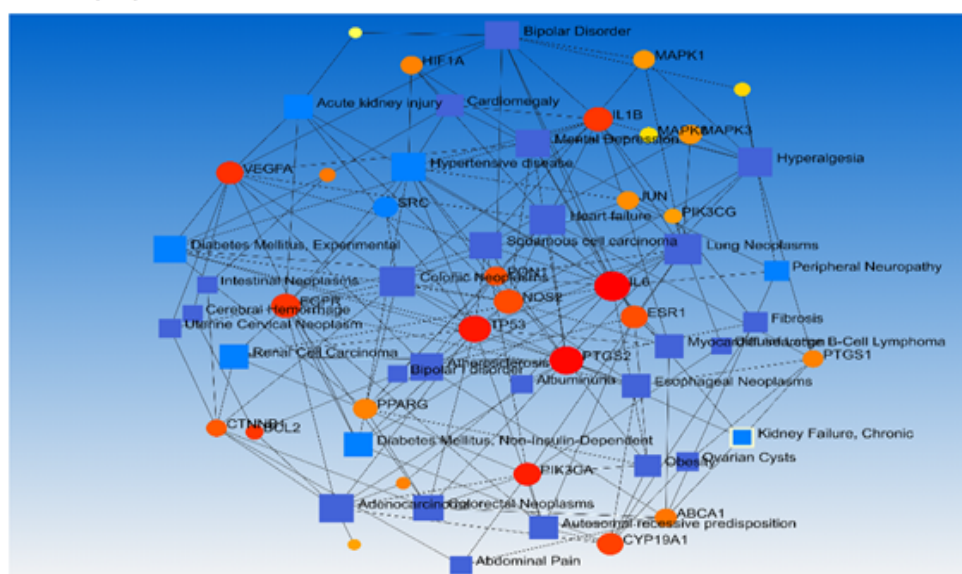
(B)

Figure 4: Gene ontology (GO) and gene-disease association analysis of potential genes were found to interact with the active compounds of *M. charantia*. Figure (A) represents the GO analysis while figure (B) represents the gene-disease association network.

No.	UniProt ID	Protein names	Gene names	Degree
1.	Q07973	1,25-Dihydroxyvitamin D	CYP24A1	4
2.	P28223	5-Hydroxytryptamine receptor 2A	HTR2A	6
3.	P08253	72 kDa type IV collagenase	MMP2	32
4.	O00763	Acetyl-CoA carboxylase 2	ACACB	4
5.	P30542	Adenosine receptor A1	ADORA1	4
6.	P05091	Aldehyde dehydrogenase, mitochondrial	ALDH2	1
7.	P15121	Aldo-keto reductase family 1 member B1	AKR1B1	11
8.	P12821	Angiotensin-converting enzyme	ACE	28
9.	P10415	Apoptosis regulator Bcl-2	BCL2	10
10.	P11511	Aromatase	CYP19A1	16
11.	P21554	Cannabinoid receptor 1	CNR1	11
12.	P42574	Caspase-3	CASP3	45
13.	Q14790	Caspase-8	CASP8	25
14.	P55211	Caspase-9	CASP9	22
15.	P32246	C-C chemokine receptor type 1	CCR1	8
16.	P04637	Cellular tumor antigen p53	TP53	44
17.	P11597	Cholesteryl ester transfer protein	CETP	5
18.	P08123	Collagen alpha-2	COL1A2	8
19.	P80365	Corticosteroid 11-beta-dehydrogenase isozyme 2	HSD11B2	3
20.	Q00987	E3 ubiquitin-protein ligase Mdm2	MDM2	23
21.	Q99814	Endothelial PAS domain-containing protein 1	EPAS1	10
22.	P25101	Endothelin-1 receptor	EDNRA	13
23.	P00533	Epidermal growth factor receptor	EGFR	45
24.	P03372	Estrogen receptor	ESR1	31
25.	P49327	Fatty acid synthase	FASN	16

Table 1. to be cont...

26.	P15090	Fatty acid-binding protein, adipocyte	FABP4	15
27.	P12104	Fatty acid-binding protein, intestinal	FABP2	6
28.	P07148	Fatty acid-binding protein, liver	FABP1	15
29.	P11413	Glucose-6-phosphate 1-dehydrogenase	G6PD	8
30.	P41235	Hepatocyte nuclear factor 4-alpha	HNF4A	20
31.	P04629	High affinity nerve growth factor receptor	NTRK1	11
32.	O14920	Inhibitor of nuclear factor kappa-B kinase subunit beta	IKBKB	16
33.	P39900	Macrophage metalloelastase	MMP12	5
34.	P14780	Matrix metalloproteinase-9	MMP9	40
35.	P08235	Mineralocorticoid receptor	NR3C2	5
36.	P55851	Mitochondrial uncoupling protein 2	UCP2	12
37.	P28482	Mitogen-activated protein kinase 1	MAPK1	45
38.	Q16539	Mitogen-activated protein kinase 14	MAPK14	33
39.	P45983	Mitogen-activated protein kinase 8	MAPK8	36
40.	P22894	Neutrophil collagenase	MMP8	11
41.	P29474	Nitric oxide synthase, endothelial	NOS3	40
42.	P35228	Nitric oxide synthase, inducible	NOS2	16
43.	O75469	Nuclear receptor subfamily 1 group I member 2	NR1I2	6
44.	Q13133	Oxysterols receptor LXR-alpha	NR1H3	8
45.	Q07869	Peroxisome proliferator-activated receptor alpha	PPARA	20
46.	Q03181	Peroxisome proliferator-activated receptor delta	PPARD	7
47.	P37231	Peroxisome proliferator-activated receptor gamma	PPARG	37
48.	P60484	Phosphatidylinositol 3,4,5-trisphosphate 3-phosphatase and dual-specificity protein phosphatase PTEN	PTEN	37
49.	P42336	Phosphatidylinositol 4,5-bisphosphate 3-kinase catalytic subunit alpha isoform	PIK3CA	26
50.	P48736	Phosphatidylinositol 4,5-bisphosphate 3-kinase catalytic subunit gamma isoform	PIK3CG	12
51.	O95477	Phospholipid-transporting ATPase ABCA1	ABCA1	14
52.	P16284	Platelet endothelial cell adhesion molecule	PECAM1	27
53.	P25105	Platelet-activating factor receptor	PTAFR	7
54.	P09619	Platelet-derived growth factor receptor beta	PDGFRB	23
55.	P18054	Polyunsaturated fatty acid lipoygenase ALOX12	ALOX12	4
56.	P01133	Proepidermal growth factor	EGF	45
57.	P23219	Prostaglandin G/H synthase 1	PTGS1	8
58.	P35354	Prostaglandin G/H synthase 2	PTGS2	41
59.	P17252	Protein kinase C alpha type	PRKCA	15
60.	P05771	Protein kinase C beta type	PRKCB	12
61.	P25116	Proteinase-activated receptor 1	F2R	15
62.	P16109	P-selectin	SELP	14
63.	P02753	Retinol-binding protein 4	RBP4	5
64.	Q13464	Rho-associated protein kinase 1	ROCK1	12
65.	O75116	Rho-associated protein kinase 2	ROCK2	8
66.	P42345	Serine/threonine-protein kinase mTOR	MTOR	32
67.	P27169	Serum paraoxonase/arylesterase 1	PON1	7
68.	P04278	Sex hormone-binding globulin	SHBG	3
69.	P13866	Sodium/glucose cotransporter 1	SLC5A1	2
70.	P35610	Sterol O-acyltransferase 1	SOAT1	1
71.	P08254	Stromelysin-1	MMP3	25
72.	P05412	Transcription factor AP-1	JUN	40
73.	Q04206	Transcription factor p65	RELA	35

Table 1. to be cont...

74.	P01137	Transforming growth factor beta-1 proprotein	TGFB1	27
75.	P07477	Trypsin-1	PRSS1	4
76.	P01375	Tumor necrosis factor	TNF	51
77.	P19438	Tumor necrosis factor receptor superfamily member 1A	TNFRSF1A	23
78.	P20333	Tumor necrosis factor receptor superfamily member 1B	TNFRSF1B	12
79.	P30556	Type-1 angiotensin II receptor	AGTR1	20
80.	Q06124	Tyrosine-protein phosphatase nonreceptor type 11	PTPN11	22
81.	P17706	Tyrosine-protein phosphatase nonreceptor type 2	PTPN2	7
82.	P29350	Tyrosine-protein phosphatase nonreceptor type 6	PTPN6	14
83.	P35968	Vascular endothelial growth factor receptor 2	KDR	33
84.	P11473	Vitamin D3 receptor	VDR	14

Table 1: Selected genes for DN from different databases

2.2. ADME analysis

ADME analysis of selected metabolites was performed successfully using the computational tool "SwissADME". The parameters such as TPSA, consensus Log Po/w, ESOL Log S values, GI absorption, BBB permeant and log Kp (cm/s) (skin permeation) were predicted to determine the ADME, lipophilicity and the drug-likeness response of the metabolites. The polar surface area (PSA) of metabolites was calculated using the fragmental technique TPSA. It acts as a useful descriptor in many models and rules to estimate some ADME properties, especially concerning absorption and brain access [23]. The consensus log Po/w is characterized as the arithmetic mean of five proposed methods of lipophilicity which represents the lipophilicity of anticipated molecules. The classical descriptor for lipophilicity is generally the partition coefficient between n-octanol and water (log Po/w). SwissADME dedicated this section due to the critical importance for the assessment of physicochemical properties for pharmacokinetic drug discovery using computational tools. The models accelerate the prediction accuracy for the physicochemical properties through consensus log Po/w [24]. The outcomes of the study revealed that a negative value of logP for each metabolite means that the compound poses a high-affinity hydrophilic nature,

while a positive value of logP represents the lipophilicity of the molecule. Similarly, Potts and Guy provided a model to predict skin permeability using the skin permeability coefficient (Kp). The more negative the log Kp (with Kp in cm/s), the less skin permeant the molecule [22]. Our findings suggest that each metabolite possesses high skin permeability, as the log Kp values for these molecules were less than -8.00. The outcomes of ADME analysis are summarized in Tables 2 and Figure 5.

The blood-brain barrier (BBB) permeant affinity of the molecules depends on two physicochemical descriptors only (consensus log Po/w and TPSA) which represent lipophilicity and apparent polarity. In case, if the egg-shaped molecular classification plot covers the yolk, it means that the molecule exhibits physicochemical space for highly probable BBB permeation, while it remains within the range of the white which represents the physicochemical space for highly probable HIA absorption. In addition, both compartments are not mutually exclusive by the molecule and remain outside the gray region, representing the molecules implying low absorption and limited brain penetration [22]. The outcomes of our study suggest that ferulic acid, apiole, linalool and limonene exhibited high BBB permeant affinity, excluding other compounds. The boiled egg plot of ADME analysis is summarized in Figure 6.

Molecule	Canonical SMILES	Formula	MW	TPSA	iLOGP	Consensus Log P	log Kp (cm/s)	Bioavailability Score	BBB permeant
Gallic acid	<chem>OC(=O)c1cc(O)c(c(c1)O)O</chem>	C7H6O5	170.12	97.99	0.21	0.21	-6.84	0.56	No
Ferulic acid	<chem>COc1cc(C=C/C(=O)O)ccc1O</chem>	C10H10O4	194.18	66.76	1.62	1.36	-6.41	0.85	Yes
Caffeic acid	<chem>OC(=O)/C=C/c1ccc(c(c1)O)O</chem>	C9H8O4	180.16	77.76	0.97	0.93	-6.58	0.56	No
catechin	<chem>Oc1cc2O[C@H](c3ccc(c(c3)O)O)[C@H](Cc2c(c1)O)O</chem>	C15H14O6	290.27	110.38	1.33	0.83	-7.82	0.55	No
Quercetin	<chem>Oc1cc(O)c2c(c1)oc(c(c2=O)O)c1ccc(c(c1)O)O</chem>	C15H10O7	302.24	131.36	1.63	1.23	-7.05	0.55	No
Linalool	<chem>C=CC(CCC=C(C)C)(O)C</chem>	C10H18O	154.25	20.23	2.7	2.66	-5.13	0.55	Yes
Apiole	<chem>C=CCc1cc(OC)c2c(c1OC)OCO2</chem>	C12H14O4	222.24	36.92	2.85	2.44	-5.7	0.55	Yes
Limonene	<chem>CC1=CCC(CC1)C(=C)C</chem>	C10H16	136.23	0	2.72	3.37	-3.89	0.55	Yes

Table 2: ADME analysis of selected metabolites of *M. charantia*

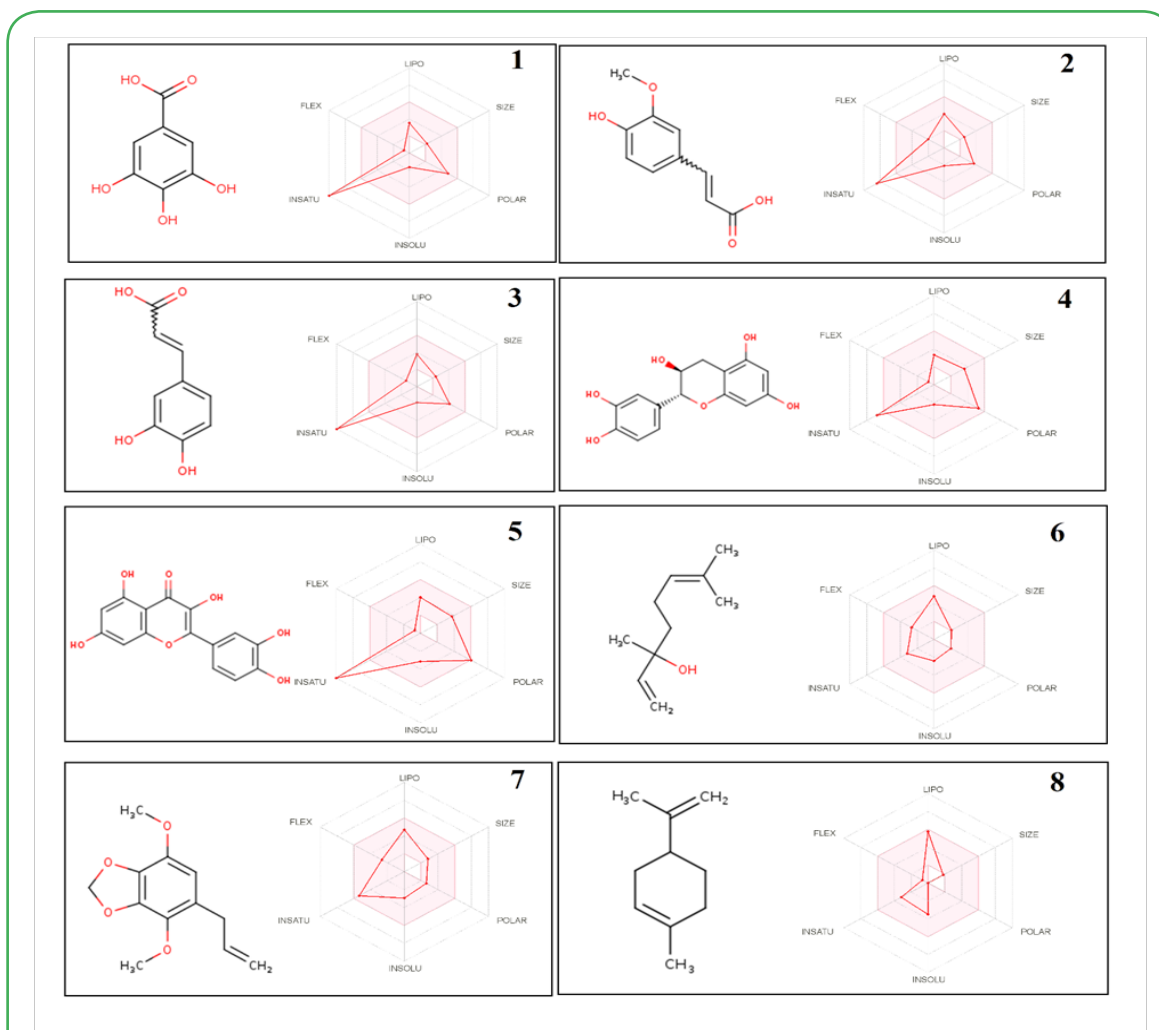


Figure 5: ADME analysis of selected compounds in *M. charantia*. Figure 1 represents the chemical structure and ADME radar plot of Gallic acid, Figure 2 represents the chemical structure and ADME radar plot of Ferulic acid, Figure 3 represents the chemical structure and ADME radar plot of Caffeic acid, Figure 4 represents the chemical structure and ADME radar plot of catechin, Figure 5 represents the chemical structure and ADME radar plot of Quercetin, Figure 6 represents the chemical structure and ADME radar plot of Linalool, Figure 7 represents the chemical structure and ADME radar plot of Apiole and Figure 8 represents the chemical structure and ADME radar plot of Limonene.

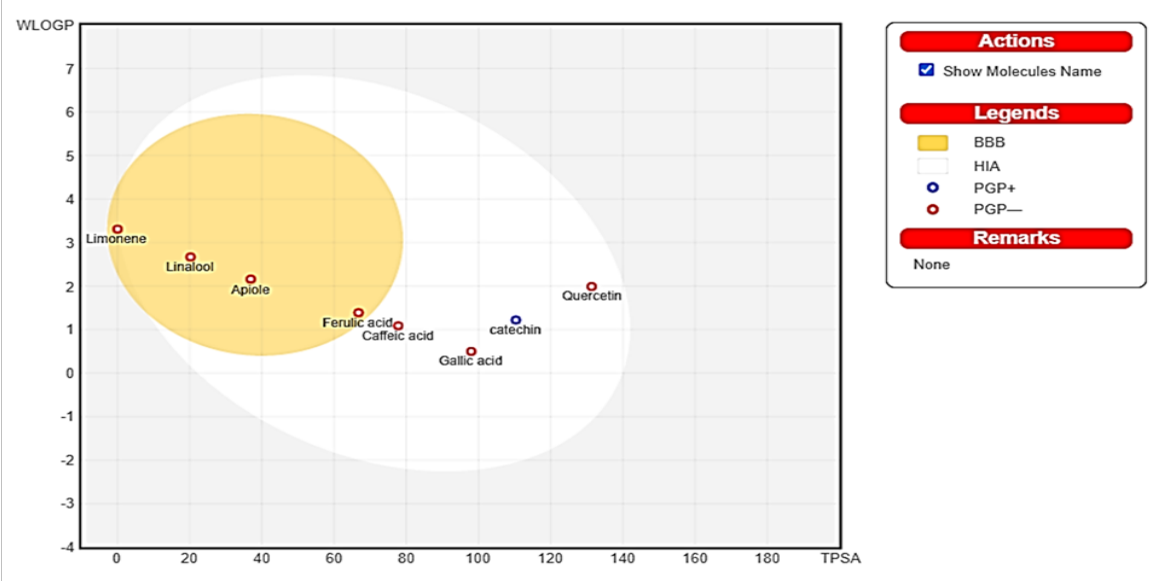


Figure 6: ADME Boiled egg plot of *M. charantia* constituents such as Gallic acid, Ferulic acid, Caffeic acid, catechin, Quercetin, Linalool, Apiole and Limonene.

3. Discussion

For centuries, medicinal plants have been playing an important role in alleviating several acute and chronic disorders due to their multi-mechanistic approach to cure even treating the ailments. *M. charantia* is an Indian herb used to treat various disorders including diabetes, traditionally. *M. charantia* possesses several varieties of phytoconstituents which belong to the class of terpenoids, steroids, polyphenols, etc., and reported for treating diabetes, the present study is associated for validation of traditional therapeutic claim *M. charantia* in alleviating diabetes or DN using network pharmacology approach.

In this study, several genes were selected from different gene databases and explored for their multi-mechanistic role in alleviating DN. The study was performed on some selected metabolites such as quercetin, gallic acid, apiole, ferulic acid, caffeic acid, etc and the outcomes of the analysis revealed that, among eight metabolites, quercetin was the most active compound of *M. charantia*, which were found to have interaction with several genes such as nitric oxide synthases (NOS), caspases (CASPs), mitogen-activated protein kinase (MAPKs), matrix metalloproteinase (MMPs), in DN. NOS, CASPs, and MAPKs play an important role in the regulation of inflammation [25, 1]. Metalloproteinases (MMPs) play an essential role in diabetic wound healing by removal of damaged extracellular matrix (ECM) during the inflammatory phase, breakdown of the capillary basement membrane for angiogenesis and cell migration during the proliferation phase, as well as in construction and remodeling of tissue [26]. AKT is responsible for the regulation of glucose uptake by mediating insulin-induced translocation of GLUT4 but endogenous AKT is likely to play a significant physiological role in insulin-stimulated glucose uptake in insulin targets such as muscle and adipose tissue [27].

Several studies have demonstrated that phenols exhibit potential anti-inflammatory action by suppression of IL-4, TNF, NF- κ B, MAPKs activation, and expression of the Na⁺/Ca²⁺ exchanger [28]. Quercetin down regulates the expression of IL-1 β , IL-6, IFN- γ , and TNF- α secretion and thus regulates the inflammatory stress [29]. PONs proteins play an important role in dyslipidemia-induced CKD. Quercetin exhibits potential interaction with PONs and thus regulating dyslipidemia-induced CKD [30]. Gallic acid exerts anti-inflammatory, anti-oxidative stress, and nephroprotective effects by regulation of TNF, IL-1B, AKT, CASP3, and STAT/JUN [1,31,32]. Ferulic acid exhibits a protective effect against diabetic nephropathy by attenuating oxidative insult, inflammation, and autophagy. The underlying mechanism of ferulic acid was established and revealed AGEs, NF- κ B, MAPKs CASPs, JNK, and ERK are the most regulated proteins in renal pathophysiology [33,34].

It is reported that catechins exert a protective effect against inflammation, diabetes-induced renal oxidative damage, fibrosis, and albuminuria via the regulation of several genomes involved in oxidative and inflammatory stress. Furthermore, it is reported that catechins are the most prominent active against IL-6, inducible nitric oxide synthase, and nitrite and reducing oxidative stress-induced inflammation.

4. Conclusion

Based on the above facts, it can be demonstrated that *M. charantia* possesses several metabolites including polyphenols which exhibit an important role in the treatment of DN via regulation of several genomes such as AKTs, CASPs, MAPKs, ILs, NOs, etc, responsible for its pathophysiology. Furthermore, the generated evidence validates the traditional claim of *M. charantia* for alleviating DN.

Conflict of interest: The author declares no conflict of interest.

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