



# Integrated Naturopathy in the Treatment of Violence Program for Prisoners in Detention and Staff Impacted in Occupational Health High Risk

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## Article Details

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## Abstract

Our enquiry seeks to establish if an integrated natural medical humanitarian based approach can lead to reduction in violence within high security prisons. The level of self-inflicted harm and deaths are predicted to rise. We need measures to address pain and suffering and improve human rights.

The aim to improve the understanding of how the forces of integrated natural therapeutics may influence aggressive anti-social and self-destructive behavior in a high risk occupational environment.

CMSP will lead program design and delivery and facilitate evaluation of INTp process as an intervention for conduct disorders from pre-clinical assessment to treatment.

**Objectives of the project:** The initial criteria of the research objective is to evaluate the provision of an naturopathy based integrated rolling programme. Research will evaluate impact on control, pain suffering and occupational safety. Good practice needs to be available as a safety measure for prisoners under detention and staff training.

### Expected deliverables

- 1) The achievement of the INTp model of integrated health, from pre-clinical assessment to treatment.
- 2) A skilled central management INTp training education license.

### Transmutation of Lead to Gold

*'The intentional use of physical force or power, threatened or actual against oneself, another person or against a group or community, which results in or has a high likelihood of resulting in injury, death, psychological harm, mal development or deprivation'.*

There is growing evidence of a link to violence and health deterioration. Mothers women families, communities, soldiers, police, prison and medical staff exposed to violence presents for medical attention with post trauma anxiety.

Family violence can result in chronic pain, self-harming and suicide attempts. Long forgotten pain and suffering is held at cellular level as an imprint and manifests in lash out behavior and addiction for attention. The effects are not always obvious. Pain, suffering injuries injustice, which has roots in long forgotten family constellation ancestral with a screaming echo held at multi-dimensional including atomic level for resolution.

Alchemy; Law of similar. How do you treat an injury now, the cause of which may be held in long forgotten time? How do you reach the

impact at a cellular memory intelligence level? You would need to understand the law of signatures. You would need to access time itself? How do you do this? Do you want to know?

I am including research extracts of the prison report which mentions and examines measures the effectiveness of the integrated natural medicine treatment program effects of offending behaviour violence to self and others. I will include case histories [1].

### Provision of Training and Program Delivery

Included; Extracts drawn from independent research report undertaken by Centre of Crime and Justice Studies formerly the Institute for the study and treatment of delinquency; entitled; The Complementary Medical Treatment program at HM Prison; An evaluation; Independent research commissioned by the Director of Operations; HM Prison South. Mr Alan Walker.

### Research Report Conclusion Extracts

*'In so far as evidence from published literature suggests, the pilot complementary medical treatment program at HMP Coldingley is unique and therefore from a research perspective extremely valuable'.* The scope of treatment modalities and therapeutic options available, together with the scale of services delivery, is quite unlike any other complementary medical intervention in prison, either in the United Kingdom or United States. **CMSP provides both a medical service and a hybrid therapeutic regime intervention'** as such, its potential benefits extend too many areas of prison life. (p60).

Meta-analysis of offending treatment programs has resulted in an important body of research literature on 'what works' in therapeutic interventions, based on empirical evidence. Research has identified a number of factors common to programs which were successful in changing offender's attitude and behavior [2].

These were

- A cognitive behavioural approach training in social skills and problem solving targeting high risk offenders.
- Focusing on criminogenic problems active participatory learning styles Adhering to stated aims and procedures.

### Patient Demographics

Research literature suggests that patients seeking complementary medicine in the prison communities conform to a particular demographic profile. Therapy is known to appeal to women and the young. Analysis of the profile of patients who have received

Complementary medicine and are still at Coldingley prison does not necessarily conform to any such profile. While female members of staff are more likely to seek complementary medicine than their male counterparts inmates who apply for therapy cannot be identified by age, offence, sentence length, religion, or ethnic group. The findings that a high percentage of ethnic minority prisoners in particular those of African Caribbean origin, have used complementary medicine is highly significant as previous research (e.g genders and Player) shows these groups are usually underrepresented in therapeutic regime interventions.'

### Research Survey

Current and former CMSp patients were interviewed in order to assess qualitative services delivery and perceived treatment from outcomes from treatment. Separate purpose designed questionnaires were used for staff and inmates. A target sample of one half of all patients from both the staff and inmate groups were set creating a potential sample. Results were presented under headings;

Terms of age, main offence, sentence length, religion and gender (for staff) it is atypical for patients seen by complementary therapists in the community.

The mean age for staff was 46 while the mean age for prisoners 35  
100% staff were white

61% inmates were white 28% black

11% Asian 81% were British

33% had committed crimes against the person 30% crimes of theft and dishonesty

30% drug related offences

60% serving sentences over 5 years 12% serving life sentences

78% had previously convictions

55% had served a previous custodial sentence 29% had spent time in care

50% had less than two years to serve 40% of staff was female

47% were uniform grades 46% civilian staff

7% other

This meant the length of service was 8 years with 75% at Coldingley over 3 years.

### Disciplinary Backgrounds

A third had no adjudications the mean was 4.8 half of all inmates had adjudications at Coldingley; the mean was 2 Two thirds was placed on report since starting complementary therapy 41% of prisoners had tested positive (MDT) of which 11 reported positive for cannabis 2 for opiates and 2 for both [3].

### Spiritual Background

70 of patients considered themselves as either spiritual or religious 75% of staff and 47% of prisoners belonging to organized religion. The most common was Church of England (60%) Catholic (20%) Muslim (13%) Inmates were more likely to consider themselves spiritual than religious. 31% of inmates had tried meditation before coming to Coldingley whilst none of the staff had ever meditated.

### Medical Background

46% of staff and 27% of inmates had previously had long term or serious medical problem. Inmates' conventional medical care 76% of inmates claimed they never received conventional medical treatment for a serious complaint. Counselling one third of patients had previously received some form of counselling Confidentiality 63% of inmates and 57% of staff said they would not discuss personal or health issues with members of staff. Opinion 40% of inmates and 20% of staff were dissatisfied with conventional medical treatment in the past. 40% of staff and of inmates had used conventional medicine at the same time as being treated by CMSp.

70% of patients had heard of complementary medicine prior to going to Coldingley although only 40% of staff and 28% of inmates had tried it. Cranial Structural Alignment (ICMtp) Prison (mulligan program) and Cranial Osteopathy was most common.

### Complementary Medical Treatment Regime

In terms of treatment received the samples was statistically representative of the total patient group Findings for the sample might therefore be inferred for complementary patients in the prison generally.

#### Word Of Mouth

While 43% of inmates first heard of CMSp through induction. 40% of inmates and 47% of staff heard through word of mouth.

80% of staff and 60% of inmates knew someone who had been treated prior to seeking therapy themselves.

74% of inmates and 47% of staff decided to try complementary medicine in the 'belief that it could help' Staff were more likely see CMSp as complementary whereas inmates were more likely to see it as to the health care center.

Addiction suicide prevention violence 70% of conditions for which patients sought complementary medicine were psychological such as (suicidal) whilst (38%) sought with physical problems.

#### Prison Staff Occupational Health

We included the staff. A prison works environmentally as an ecologically unit. The study was extremely useful in clarifying the relationship between complementary and conventional medicine, suggesting that patients use CMSp as both complementary and alternative. This is supported by evidence that the introduction of complementary medicine does not have significantly altered demand on the prison health care center. This suggests that CMSp is meeting a demand not previously addressed by conventional medical. It appears to address a slightly different client group from the health care center 'suicide prevention' behavior disorders' 'pain and suffering' 'Violence'.

The main benefits of complementary medicine in Coldingley prison are qualitative and include; Pain relief increased self-confidence. Greater personal control social inclusion. In particular staff inmate relationships stress reduction improved general behavior. A more pleasant and constructive workplace working environment. The importance of these benefits should not be underestimated since research has identified a 'positive climate' is the most important factor in maintaining order in category prisons [4].

Meta-analysis of offender treatment programs has resulted in an important body of research literature on 'what works in therapeutic interventions' based on empirical evidence. Research has identified a number of factors common to programs which were successful in changing offender's attitude and behaviour;

These were

- A cognitive behavioural approach training in social skills
- Problem solving skills
- Focusing on chromogenic problems
- Active participatory learning
- Adhering to stated aims and procedures

#### Violence is not good for Communities

We are failing in duty of care to protect mothers and women, babies' children, youths and extended family from violence in communities. We are failing to protect the mentally vulnerable in transition. Our response is reaction control and destruction.

#### Structure Governs Function

Our brain has the structure to govern the mechanical adjustment of the framework of the body. Cranial structural alignment includes adjustment procedure of the rotation of the cerebrospinal spinal fluid tidal flow. The light that never fades. Transmitting the characters of ancestors to succeeding generations. Every cell with its appointed duty.

We have the inherent capacity to repair a fault. What about the fault transference of a long forgotten injury. The problem of violence is

also held in family constellation, trauma, tragedy transference. It is recorded. Violence impacts in communities through destruction and disruption of infrastructure; social order budgetary and continues to have a pain and suffering echo effect through the generations in quality of life after restoration of 'treaty' peace. The local cost to the victim including medical expenses, lost earnings, homicide reflects on direct monetary and multiplier effect on family constellation, interpersonal relationships and creativity quality of life.

Indirect benefits from reduction of violence in families and communities reduced morbidity, reduced emotional and mental hospitalization.

How do you treat an injury here and now whose cause is related to tragedy trauma way back in long forgotten family ancestral time. A baby kicked pre-birth. The loss of a loved family member. Injustice? How do you reach the imprint at a cellular level? How do you engage with the impact of injustice which has occurred generations previously? The energies of reaction lie outside the realm of concentrating on a defined object within the musculo skeletal structure. What about the structure of the emotional and mental body? Pain from generational injury is accumulative. Tragedy and trauma held in memory is recoverable and can be recalled therefore it is held at a cellular level. You would need to work with the law of similar. How would you do this? You would need to access time itself. Want to know how?

### **Family Restorative Recovery Reaction**

We want to feel better and we want this now. Unprocessed violence in family constellation holds hidden pain and suffering. An individual can feel worse as the underlying imprint is reached at a cellular level. Suppressed injuries can result in a child the family group target scapegoat.

### **Cranial Training**

IINM is independent regulatory education and training body for cranial structural alignment forensic naturopathy. Naturopathy Education in the treatment of integrated multi-disciplinary collaborative violence. Multi-disciplinary collaborative training regulatory education and training body for cranial structural alignment. Person centered practitioner apprenticeship.

Mechanical adjustment of the framework procedure of the light that never fades. Cranial structural alignment; the sacrum is connected to the occipital by intraspinal reciprocal tension membrane (there is a core link) between the cranial bowl and the pelvic bone, traumatic events in the pelvic mechanism from falls and situations involving momentum inertia, may manifest an injury more obviously in the cranium than in the pelvis. This is particularly the case in postpartum depression or psychosis. It is impossible for a naturopath to find the problem for his patient without analysis of the joints of the human body.

Each kind of cell has its own appointed duty. Transmitting the characters of ancestors to succeeding generations.

### **Expanded Summary Excerpts**

Complementary or alternative medicine is generally defined as those medical symptoms practices Interventions and applications that are not currently part of the dominant or conventional medical systems. The Prison service sponsored the introduction of a pilot complementary medical treatment program at HMP prison in Surrey in South East United Kingdom. The complementary medical treatment program is operated by an independent organization called Complementary Medical Services for prisoners. (CMSP). This report describes the findings of an evaluation by the Institute for the study and treatment of Delinquency (ISTD) of the scope operation and perceived benefits by both staff and inmates treated by CMSP. The study takes the form of a qualitative outcome evaluation.

### **Treatment Modalities**

CMSP offers two treatment modalities for both staff and inmates,

these are Crisis Intervention (for the treatment of suicidal states) Behavioural disorders stress and abuse.

### **The Integrated Complementary Medical Treatment Program Icmtp**

A 12 week program for the treatment of patterns of control violence addiction and related psychosis.

The Integrated complementary medical treatment program ICMtp includes a large range of therapies. Some therapies complement conventional treatment for example drug and alcohol detox.

The ICMtp has a well-developed regulatory structure with interdisciplinary regulation. A growing range of ICMtp therapeutics is evidence based. The interests of services providers' research evidence of efficacy well designed trial produced. The report states the effect of integrated therapeutic discipline is superior to placebo effect Improved regulatory structures and improving further high quality integrated medical research. CMS is a regulatory body with an aim of regulation by statute in the interests of the public.

All patients are self-referral and undergo a thorough assessment process before being assigned to either of the treatment modalities. To date CMSP has offered 16 different complementary therapies including, acupuncture, cranial osteopathy, homeopathy, osteopathy, reflexology, Yoga, Tai Chi C'huan, Nutrition, Family constellation counselling. It is this holistic approach which distinguishes CMSP treatment model from complementary medical interventions in other prisons [5].

### **Therapist Training**

All therapists worked on IINM umbrella association basis and undergo a four stage training program consisting of introduction to therapeutic goals and working practices. Security boundaries, suicide awareness, training in person centered approach in the treatment of violence, specialist training specific to individual own specific skill and discipline.

All training licenses through CMS with professional support from umbrella complementary medical organizations. Treatment units are licenses and operated on a therapeutic community model in person centered interdependent intelligence and professional training.

We will outline services from pre-clinical assessment to treatment using natural wellbeing therapeutics to meet the need for safer communities impacted by violence suicide tragedy war greed.

The aim is to divert youths impacted by excess entitlement, addiction, homelessness, deprivation, drug gang peer influences. We established rural communities' services for mother's and women impacted by family violence. Within prisons the Integrated Natural Medical Services provision includes suicide and homicide prevention. We achieved the development of an EU research submission development in collaboration with Italy Nepal UK Ireland. Seminar in EU Parliament Brussels 'promoting health and well-being in the young. The aim includes addressing family constellation injuries regaining health responsibility and of the impact of action on others. Our methods include restorative health of immune system through cranial alignment, osteopathy, cranial osteopathy, counselling, acupuncture, martial arts, nutrition, and natural medicine therapeutics.

We provide skill training to lead administrative and therapeutics of a program. We would like a unit in every country. We aim to reach families most in need broken by pain and suffering. Many we have reached has been through word of mouth within prisons. We have constructive engagement with authority who welcomes services as it reduces risk of injury and tragedy.

Stands and accreditation IINM contact for a program and training [info@sphenoidireland.ie](mailto:info@sphenoidireland.ie)

Naturopathy and conventional medicine training in the treatment of violence mental health self-harm and the prevention of suicide and homicide. Independent regulatory education and training body for

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Integrated Natural Medicine and Cranial Structural Alignment forensic naturopathy.

The core curriculum includes;

- Program leadership administration and therapeutics Cranial structural alignment health care specialized training Autism
- Aggressive behavior in youths Addiction
- Suicide prevention Homicide prevention
- Occupational health

### **Apprenticeships**

There is rapid growth in demand for person centered training in conventional medical schools.

We include both conventional medicine and natural medicine practitioners as members globally in your respective discipline.

We include a news item re cranial approach on a child that could not walk talk eat and was diagnosed with autism.

### **References**

1. National archives from 1841 to 1911
2. England and Wales criminal registers 1791 to 1892
3. Mental health act 1983
4. Endacott: Institute Complementary Medicine UK 1996
5. Institute treatment of delinquency; Marshall