

Manuscript Title:**PARENTING ARTICLE - “THE ADORABLE MILK COMA: THE SCIENCE BEHIND POST-FEED SLEEP IN INFANTS”****Reviewer’s Comments: Is the manuscript important for the scientific community? (Few sentences)**

the manuscript important for the scientific community. It defines milk coma. This paper focuses on the neuroendocrine basis of the milk coma, emphasizing the roles of hormones such as CCK, oxytocin, prolactin, melatonin, endorphins, GABA, serotonin, leptin, and endocannabinoids. The discussion extends to the implications for clinical nursing practice in labor, delivery, and postpartum units, and provides guidelines for educating mothers about the natural physiological processes involved in breastfeeding-induced infant sleepiness.

Strengths:

1. **Clear Research Objective:** explore and describe the physiological and hormonal mechanisms underlying the “milk coma” phenomenon in breastfed infants, and to highlight the nursing implications and educational strategies that support effective breastfeeding practices and infant well-being.
2. **Methodological Rigor:** clear, complete
3. **Clinical Relevance:** relevant
4. **Comprehensive Literature Review:** enough
5. **Well-Organized Structure:** yes

Area of improvement:

1. **Title:** good
2. **Abstract:** good
3. **Introduction:** good
4. **Methodology Clarity:** good
5. **Figures:** good
6. **Tables and Study Data Integration:** good
7. **Discussion:** good
8. **Limitation:**.....
9. **Conclusion:** good
10. **References:** good

Minor Suggestions:

1. Clarity & Conciseness

2. Minor Typographical & Formatting Issues

Recommendations for Publication:

Guideline:

- Accept:
- Minor Revision:
- Major Revision:
- Serious Major revision:
- Rejected (with repairable deficiencies and may be reconsidered):
- Strongly rejected (with irreparable deficiencies.):