

Review comment -1

The study provides valuable information that fills a gap in research involving female college basketball players during a competitive season.

The Abstract section can be improved, including relevant information presented in the manuscript.

The manuscript is clearly structured into sections, but it would be useful to include Keywords and a Conclusions section.

Specific Comments:

1. The Abstract section is similar to the first two paragraphs of the Introduction. I think the citations could be removed from the Abstract and that this section would be useful to summarize the information relevant to this investigation, including the 4 findings presented in the Discussion section.
2. Participants: Please provide more information regarding the inclusion/exclusion criteria for female basketball players and coaches, their average age and experience in playing basketball, and how the sample size was determined.
3. Literature Review/page 7 (This naturalistic case study addresses these gaps by exploring the experiences of one Division I women's basketball team tied into). The sentence does not seem to be complete.